

Multiple Bounce (buzz stroke) exercises for better "closed" (long) rolls

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A

Snare Drum

1 2 3 4 1 2 3 4

R L R L R L R L

B

1 + 2 3 4 1 + 2 3 4

R L R L R L R L R L

C

1 + 2 + 3 4 1 + 2 + 3 4

R L R L R L R L R L R L

D

1 + 2 + 3 + 4 1 + 2 + 3 + 4

R L R L R L R L R L R L R L

E

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

R L R L R L R L R L R L R L R L

Buzz strokes are easy with the HingeStix. Throw your stick down onto the practice pad or drum with a relaxed grip, and leave it there so you hear that buzz sound. Don't press down too hard or you'll choke the sound of the buzz. Try to let the buzz last as long as you can by feeling your back fingers under the stick and the slight rotation of the swivel pads in your hand. Keep that going and you'll be playing a better drum roll in no time.